## Report of Har Ghar Dhyan Induction Programme

Under the aegis of Govt. of India's initiative Azadi Ka Amrut Mahotsav - Har Ghar Dhyan, MEU has organized induction program for medical students on 30-05-2023.

Topic : "Meditation & Mental Healh "

Speaker: Mr. Ran Singh, Translation officer, Regional office, Binnipeth, Bangalore.

Total 118 participants joined and attended Har Ghar Dhyan induction program.

Dr. Ravi G. Professor Dept. Microbiology, MEU member welcomed participants and introduced speaker

Dr. Sandhya R. Dean madam addressed the gathering and emphasized importance of mental health among medical professionals.



Dr Suresh Kumbhar, Professor, Dept. of Community Medicine, MEU member proposed vote of Thanks.

Dr. Suresh Kumbhar CME coordinator Dr. Ravi G S CME Coordinator